

PORTLAND CITY HEALTH PROFILE

Maine Shared Community Health

Needs Assessment

September 11, 2024

How to Read This Document

This document provides more than 121 health and well-being indicators that describe demographics, health outcomes and behaviors, and conditions that influence our health and well-being. The data come from more than 30 sources and represent the most recent information available and analyzed as of July 2024. Data from several years is often combined to ensure there is enough data to draw conclusions. County comparisons are made in several ways: between two time periods; to the state; and to the U.S. The two time periods can be found within the tables under columns marked, “Point 1” and “Point 2.” The majority of comparisons are based on 95% confidence intervals. In some instances, a 90% confidence interval is used and is noted with a “#” symbol. A 95% confidence interval is a way to say that if this indicator were measured over and over for the same population, we are 95% confident that the true value among the total population falls within the given range/interval. When the confidence intervals of two measurements do not overlap, the difference between them is statistically significant. Where confidence intervals were not available, no indicator of significant difference has been made.

The tables use symbols to show whether there are important changes in each indicator over time, and to show if local data is notably better or worse than the state or the U.S. Additional symbols are used to note when data may be too small for statistical reliability and suppressed due to a small number of responses and when data is pending (available at a later date) or unavailable.

See the box below for a key to the symbols:

CHANGE shows statistically significant changes in the indicator over time, based on 95% confidence interval (see description above).	
★	means the health issue or problem is getting better over time.
!	means the health issue or problem is getting worse over time.
○	means the change was not statistically significant.
N/A	means there is not enough data to make a comparison.
#	means compared at 90% Confidence Interval.
BENCHMARK compares Portland data to state and national data, based on 95% confidence interval (see description above).	
★	means Portland is doing significantly better than the county or state average.
!	means Portland is doing significantly worse than the county or state average.
○	means there is no statistically significant difference between the data points.
N/A	means there is not enough data to make a comparison.
#	means compared at 90% Confidence Interval.
ADDITIONAL SYMBOLS	
*	means results may be statistically unreliable due to small numbers, use caution when interpreting.
~	means suppressed data due to a small number of respondents.
^	means data is pending.
—	means data is unavailable.

Data for Portland

Indicator	Portland City			Benchmarks			
	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Demographics							
Population (percent of total Maine population)	2015-2019 5.0%	2017-2021 5.0%	N/A	2017-2021 22.2%	N/A	—	N/A
Veterans	2015-2019 5.0%	2017-2021 4.6%	N/A	2017-2021 7.0%	!	2017-2021 9.2%	!
Transgender youth	2019 1.9%	—	N/A	2023 4.6%	N/A	2023 4.5%	N/A
Persons with a disability	2019 12.3%	2017-2021 12.3%	N/A	2017-2021 11.3%	○	—	N/A
Foreign born	2015-2019 11.1%	2018-2022 10.9%	N/A	2018-2022 6.4%	N/A	2018-2022 3.8%	N/A
Limited English Proficiency	2015-2019 6.0%	2018-2022 5.1%	N/A	2018-2022 2.3%	N/A	2018-2022 1.5%	N/A
Social Drivers of Health							
Individuals living in poverty	2015-2019 14.6%	2017-2021 12.7%	N/A	2017-2021 7.8%	!	2017-2021 11.0%	○
Children living in poverty	2016-2020 15.9%	2018-2022 11.7%	N/A	2018-2022 6.9%	N/A	2018-2022 13.4%	N/A
Median household income	2015-2019 \$60,467	2017-2021 \$66,109	N/A	2017-2021 \$80,679	!	2017-2021 \$63,182	○
Unemployment	2021 4.6%	—	N/A	2023 2.3%	N/A	2023 3.1%	N/A
High school student graduation	2021 84.9%	—	N/A	2022-2023 85.9%	N/A	2023 87.3%	N/A
Associate's degree or higher among those age 25 and older	2015-2019 59.6%	2018-2022 64.5%	N/A	2018-2022 59.3%	N/A	2018-2022 44.4%	N/A
Households that spend more than 50% of income toward housing	2016-2020 15.5%	2018-2022 16.0%	N/A	2018-2022 12.0%	N/A	2018-2022 11.3%	N/A
Median gross rent	2015-2019 \$1,124	2017-2021 \$1,278	N/A	2018-2022 \$1,389	N/A	2018-2022 \$853	N/A
Median housing value	2015-2019 \$289,000	2017-2021 \$341,700	N/A	2018-2022 \$372,900	N/A	2018-2022 \$244,800	N/A
Total housing units	2015-2019 34,075	2017-2021 34,812	N/A	2018-2022 149,869	N/A	2018-2022 741,803	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Social Drivers of Health (continued)							
Housing occupancy	2015-2019 89.3%	2017-2021 89.7%	N/A	2018-2022 85.5%	N/A	2018-2022 78.2%	N/A
Owner-occupied housing	2015-2019 45.1%	2017-2021 46.7%	N/A	2018-2022 69.9%	N/A	2018-2022 73.5%	N/A
65+ living alone	2019 36.8%	2018-2022 37.4%	N/A	2018-2022 29.7%	N/A	2018-2022 29.5%	N/A
Households with no phone services	2015-2019 2.0%	2017-2021 1.1%	N/A	2018-2022 0.9%	N/A	2018-2022 0.9%	N/A
Total households with a broadband subscription	2015-2019 85.7%	2018-2020 89.4%	N/A	2018-2022 90.8%	N/A	2018-2022 87.3%	N/A
Total households with a computer	2015-2019 91.9%	2018-2020 93.6%	N/A	2018-2022 94.7%	N/A	2018-2022 92.9%	N/A
Housing insecure (high school students)	2019 3.9%	—	N/A	2023 2.9%	N/A	2023 2.6%	N/A
No vehicle for the household	2015-2019 6.0%	2017-2021 6.6%	N/A	2017-2021 2.8%	!	2017-2021 2.1%	!
Commute of greater than 30 minutes driving alone	2015-2019 18.2%	2018-2022 19.0%	N/A	2023 31.5%	N/A	2018-2022 34.0%	N/A
Head Start eligible infants, toddlers, preschool age children	2015-2019 15.2%	2017-2021 8.6%	N/A	2017-2021 6.6%	N/A	2017-2021 14.9%	N/A
Overall Mortality							
Overall death rate per 100,000 population	2015-2019 722.9	—	N/A	2018-2022 709.6	N/A	2018-2022 844.3	N/A
Access							
Uninsured	2015-2023 6.8%	2017-2021 7.0%	N/A	2017-2021 5.5%	○	2017-2021 7.4%	○
MaineCare enrollment (all ages)	2020 30.4%	—	N/A	2023 12.5%	N/A	2023 27.3%	N/A
MaineCare enrollment (ages 0-19)	2020 50.7%	—	N/A	2023 24.8%	N/A	2023 49.0%	N/A
Health Care Quality							
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2018 47.7	2018-2020 44.5	N/A	—	N/A	—	N/A
Ambulatory care-sensitive condition emergency department rate per 10,000 population	2016-2018 260.8	2018-2020 260.8	N/A	—	N/A	—	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Cancer							
All cancer deaths per 100,000 population	2015-2019 150.5	—	N/A	2018-2022 143.2	N/A	2018-2022 159.9	N/A
Colorectal cancer deaths per 100,000 population	2015-2019 13.4	—	N/A	2018-2022 10.6	N/A	2018-2022 12.7	N/A
Female breast cancer deaths per 100,000 population	2015-2019 11.6	—	N/A	2018-2022 16.8	N/A	2018-2022 16.7	N/A
Lung cancer deaths per 100,000 population	2015-2019 39.1	—	N/A	2018-2022 33.3	N/A	2018-2022 40.2	N/A
Prostate cancer deaths per 100,000 population	2015-2019 11.4*	—	N/A	2018-2022 17.1	N/A	2018-2022 19.9	N/A
Tobacco-related cancer deaths per 100,000 population	2015-2019 49.7	—	N/A	2018-2022 46.8	N/A	2018-2022 52.8	N/A
All cancer new cases per 100,000 population	2014-2018 448.0	2015-2019 454.9	N/A	2019-2021 442.2	N/A	2019-2021 476.0	★
Bladder cancer new cases per 100,000 population	2014-2018 22.5	2015-2019 21.6	N/A	2019-2021 22.9	N/A	2019-2021 26.4	★
Colorectal cancer new cases per 100,000 population	2014-2018 28.5	2015-2019 33.1	N/A	2019-2021 31.7	N/A	2019-2021 35.0	★
Female breast cancer new cases per 100,000 population	2014-2018 130.2	2015-2019 134.1	N/A	2019-2021 144.4	N/A	2019-2021 135.4	★
Lung cancer new cases per 100,000 population	2014-2018 68.9	2015-2019 69.9	N/A	2019-2021 52.1	N/A	2019-2021 65.3	!
Melanoma skin cancer new cases per 100,000 population	2014-2018 25.7	2015-2019 26.3	N/A	2019-2021 28.7	N/A	2019-2021 26.6	★
Prostate cancer new cases per 100,000 population	2014-2018 94.5	2015-2019 78.6	N/A	2019-2021 99.7	N/A	2019-2021 106.2	★
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	2014-2018 114.1	2015-2019 120.3	N/A	2019-2021 123.8	N/A	2019-2021 137.2	★
HPV-associated cancer new cases per 100,000 population	2014-2018 12.5	2015-2019 13.3	N/A	2019-2021 15.2	N/A	2019-2021 15.4	★

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Cancer (continued)							
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	2014-2018 129.8	2015-2019 130.8	N/A	2019-2021 131.4	N/A	2019-2021 138.3	★
Colorectal late-stage new cases per 100,000 population	2014-2018 14.9	2015-2019 17.2	N/A	2019-2021 16.3	N/A	2019-2021 20.7	★
Female breast cancer late-stage new cases per 100,000 population	2014-2018 38.0	2015-2019 37.5	N/A	2019-2021 42.5	N/A	2019-2021 41.2	★
Lung cancer late-stage new cases per 100,000 population	2014-2018 45.9	2015-2019 45.4	N/A	2019-2021 32.3	N/A	2019-2021 42.2	!
Cardiovascular Disease							
Cardiovascular disease deaths per 100,000 population	2015-2019 173.5	—	N/A	2018-2022 171.4	N/A	2018-2022 200.4	N/A
Coronary heart disease deaths per 100,000 population	2015-2019 59.2	—	N/A	2018-2022 61.1	N/A	2018-2022 82.0	N/A
Heart attack deaths per 100,000 population	2015-2019 19.8	—	N/A	2018-2022 15.6	N/A	2018-2022 24.6	N/A
Stroke deaths per 100,000 population	2015-2019 28.2	—	N/A	2018-2022 27.4	N/A	2018-2022 29.4	N/A
High blood pressure hospitalizations per 10,000 population	2016-2018 23.7	2018-2020 16.6	N/A	—	N/A	—	N/A
Heart failure hospitalizations per 10,000 population	2016-2018 11.5	2018-2020 7.9	N/A	—	N/A	—	N/A
Heart attack hospitalizations per 10,000 population	2016-2018 23.5	2018-2020 11.6	N/A	—	N/A	—	N/A
Stroke hospitalizations per 10,000 population	2016-2018 19.4	2018-2020 19.4	N/A	—	N/A	—	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Diabetes							
Diabetes deaths (underlying cause) per 100,000 population	2015-2019 17.6	—	N/A	2018-2022 20.8	N/A	2018-2022 25.2	N/A
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2018 13.0	2018-2020 13.1	N/A	—	N/A	—	N/A
Diabetes emergency department rate (principal diagnosis) per 10,000 population	2016-2018 40.1	—	N/A	—	N/A	—	N/A
Respiratory Health							
Chronic lower respiratory disease deaths per 100,000 population	2015-2019 39.0	—	N/A	2018-2022 34.0	N/A	2018-2022 40.0	N/A
Asthma emergency department rate per 10,000 population	2016-2018 49.5	—	N/A	—	N/A	—	N/A
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2018 12.2	2018-2020 9.7	N/A	—	N/A	—	N/A
Pneumonia hospitalizations per 10,000 population	2016-2018 11.4	2018-2020 11.2	N/A	—	N/A	—	N/A
Physical Activity, Nutrition and Weight							
Obesity (high school students)	2019 10.6%	—	N/A	2023 12.2%	N/A	2023 15.7%	N/A
Overweight (high school students)	2019 16.9%	—	N/A	2023 14.3%	N/A	2023 16.0%	N/A
Met physical activity recommendations (high school students)	2019 17.1%	—	N/A	2023 23.0%	N/A	2023 47.7%	N/A
Met physical activity recommendations (middle school students)	2019 20.0%	—	N/A	2023 52.4%	N/A	2023 50.2%	N/A
Fruit and vegetable consumption (high school students reporting five or more a day)	2019 18.8%	—	N/A	2023 17.0%	N/A	2023 14.2%	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Physical Activity, Nutrition and Weight (continued)							
Fruit and vegetable consumption (middle school students reporting five or more a day)	2019 24.8%	—	N/A	2023 20.0%	N/A	2023 18.9%	N/A
Soda/sports drink consumption (high school students reporting one or more a day)	2019 16.0%	—	N/A	2023 21.9%	N/A	2023 25.3%	N/A
Soda/sports drink consumption (middle school students reporting one or more a day)	2019 9.4%	—	N/A	2023 18.8%	N/A	2023 23.3%	N/A
Pregnancy and Birth Outcomes							
Infant deaths per 1,000 live births	2015-2019 7.9	2017-2021 4.3	N/A	2018-2022 4.7	?	2018-2022 5.7	○
Low birth weight (<2500 grams)	2018-2019 6.4%	2020-2021 6.2%	N/A	2021-2022 6.9%	?	2021-2022 7.8%	○
Pre-term live births	2018-2019 8.4%	2020-2021 6.3%	N/A	2021-2022 8.5%	!	2021-2022 9.5%	!
Births to 15-19-year olds per 1,000 population	2018-2019 5.3*	—	N/A	2021-2022 3.3	N/A	2021-2022 8.1	N/A
C-sections among low-risk first births	2018-2019 26.3%	2020-2021 23.8%	N/A	2021-2022 25.8%	?	2021-2022 25.5%	○
Smoked during pregnancy	2016-2017 2.9%	2020-2021 4.1%	N/A	2021-2022 4.4%	?	2022 9.1%	!
Infants who are ever breast fed	2018-2019 96.7%	2020-2021 91.5%	N/A	2021-2022 92.6%	?	2021-2022 87.6%	★
Environmental Health							
Lead screening among children (ages 12-23 months)	2016 51.8%	—	N/A	2022 82.4%	N/A	2022 68.5%	N/A
Lead screening among children (ages 24-35 months)	2016 26.7%	—	N/A	2022 43.1%	N/A	2022 46.4%	N/A
Infectious Disease							
Lyme disease new cases per 100,000 population	2017 43.8	—	N/A	2021 74.0	N/A	2022 191.4	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Unintentional Injury							
Injury deaths per 100,000 population	2015-2019 85.9	—	N/A	2018-2022 80.6	N/A	2018-2022 99.4	N/A
Fall-related deaths (unintentional) per 100,000 population	2015-2019 17.7	—	N/A	2018-2022 18.8	N/A	2018-2022 17.5	N/A
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2015-2019 2.6*	—	N/A	2018-2022 7.2	N/A	2018-2022 11.7	N/A
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2015-2019 44.5	—	N/A	2018-2022 32.7	N/A	2018-2022 40.7	N/A
Fall-related injury (unintentional) emergency department rate per 10,000 population	2016-2018 323.2	—	N/A	—	N/A	—	N/A
Traumatic brain injury emergency department rate per 10,000 population	2016-2018 38.6	—	N/A	—	N/A	—	N/A
Intentional Injury							
Suicide deaths per 100,000 population	2015-2019 9.6	—	N/A	2018-2022 13.1	N/A	2018-2022 18.3	N/A
Firearm deaths per 100,000 population	2015-2019 5.0*	—	N/A	2018-2022 6.8	N/A	2018-2022 11.3	N/A
Bullying on school property (high school students)	2019 15.2%	—	N/A	2023 20.0%	N/A	2023 21.9%	N/A
Bullying on school property (middle school students)	2019 41.5%	—	N/A	2023 42.2%	N/A	2023 48.6%	N/A
Violent crime rate per 100,000 population	2019 194.8	—	N/A	2022 300.0	N/A	2022 1,404	N/A
Mental Health							
Sad/hopeless for two weeks in a row (high school students)	2019 32.1%	—	N/A	2023 32.7%	N/A	2023 35.0%	N/A
Seriously considered suicide (high school students)	2019 13.8%	—	N/A	2023 16.8%	N/A	2023 17.8%	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Mental Health (continue)							
Seriously considered suicide (middle school students)	2019 20.6%	—	N/A	2023 19.6%	N/A	2023 21.8%	N/A
Mental health emergency department rate per 10,000 population	2016-2018 268.7	—	N/A	—	N/A	—	N/A
Oral Health							
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	2016-2018 102.0	—	N/A	—	N/A	—	N/A
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	2016-2018 22.3	—	N/A	—	N/A	—	N/A
Substance Use							
Overdose deaths per 100,000 population	2020 0.84	—	N/A	2023 117.0	N/A	2023 607	N/A
Drug-induced deaths per 100,000 population	2015-2019 42.7	—	N/A	2018-2022 32.1	N/A	2018-2022 55.6	N/A
Alcohol-induced deaths per 100,000 population	2015-2019 21.2	—	N/A	2018-2022 14.7	N/A	2018-2022 18.6	N/A
Past-30-day alcohol use (high school students)	2019 20.8%	—	N/A	2023 22.5%	N/A	2023 20.5%	N/A
Past-30-day alcohol use (middle school students)	2019 3.8%	—	N/A	2023 4.1%	N/A	2023 4.8%	N/A
Binge drinking (high school students)	2019 5.9%	—	N/A	2023 38.6%	N/A	2023 36.1%	N/A
Binge drinking (middle school students)	2019 1.9%	—	N/A	2023 1.4%	N/A	2023 1.8%	N/A
Past-30-day marijuana use (high school students)	2019 26.4%	—	N/A	2023 19.1%	N/A	2023 18.7%	N/A
Past-30-day marijuana use (middle school students)	2019 3.5%	—	N/A	2023 2.9%	N/A	2023 5.0%	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Substance Use (continued)							
Past-30-day misuse of prescription drugs (high school students)	2019 6.5%	—	N/A	2023 5.5%	N/A	2023 5.2%	N/A
Past-30-day misuse of prescription drugs (middle school students)	2019 3.8%	—	N/A	2023 4.8%	N/A	2023 4.9%	N/A
Opiate poisoning emergency department rate per 10,000 population	2016-2018 18.9	—	N/A	—	N/A	—	N/A
Opiate poisoning hospitalizations per 10,000 population (ICD-10)	2016-2018 1.7	2018-2020 1.4	N/A	—	N/A	—	N/A
Tobacco Use							
Past-30-day cigarette smoking (high school students)	2019 5.3%	—	N/A	2023 5.7%	N/A	2023 5.6%	N/A
Past-30-day cigarette smoking (middle school students)	2019 1.2%	—	N/A	2023 1.5%	N/A	2023 2.1%	N/A
Past-30-day tobacco use (high school students)	2019 7.8%	—	N/A	2023 7.8%	N/A	2023 7.6%	N/A
Past-30-day tobacco use (middle school students)	2019 2.4%	—	N/A	2023 2.4%	N/A	2023 3.1%	N/A
Environmental tobacco smoke exposure (high school students)	2019 18.8%	—	N/A	2023 15.1%	N/A	2023 19.3%	N/A
Environmental tobacco smoke exposure (middle school students)	2019 16.4%	—	N/A	2023 14.7%	N/A	2023 19.9%	N/A

Population with Disability by Type

The following chart compares the population with disability by type for Cumberland County and Portland City.

Disability Type	Cumberland County	Portland
Ambulatory difficulty	4.7%	5.5%
Cognitive difficulty	4.7%	6.5%
Independent living difficulty	4.5%	5.8%
Hearing difficulty	3.6%	3.4%
Self-care difficulty	1.7%	1.8%
Vision difficulty	1.4%	1.8%

Children with Disability by Type

The following chart compares children with disability by type for Cumberland County and Portland City.

Disability Type	Cumberland County	Portland
Cognitive difficulty	4.0%	2.9%
Self-care difficulty	0.8%	0.5%
Hearing difficulty	0.4%	0.6%
Ambulatory difficulty	0.3%	0.0%
Vision difficulty	0.2%	0.0%

Language Spoken

The following chart compares the language spoken for Cumberland County and Portland City.

Language	Cumberland County	Portland
English only	92.7%	87.8%
Other Indo-European language	3.4%	5.3%
Other languages	1.6%	3.8%
Asian and Pacific Islander language	1.2%	1.6%
Spanish	1.1%	1.4%

Income

The following chart compares income for Cumberland County and Portland City.

Income	Cumberland County	Portland
Less than \$10,000	3.5%	5.4%
\$10,000 to \$14,999	3.1%	5.3%
\$15,000 to \$24,999	5.5%	7.7%
\$25,000 to \$34,999	5.9%	7.1%
\$35,000 to \$49,999	9.5%	10.1%
\$50,000 to \$74,999	15.7%	15.9%
\$75,000 to \$99,999	13.2%	12.5%
\$100,000 to \$149,999	19.1%	17.1%
\$150,000 to \$199,999	10.8%	8.6%
\$200,000 or more	13.6%	10.3%

Employment by Industry/Trade

The following chart compares employment by industry/trade for Cumberland County and Portland City.

Industry/Trade	Cumberland County	Portland
Educational services, and health care and social assistance	27.5%	27.9%
Professional, scientific, and management, and administrative and waste management services	13.2%	14.5%
Retail trade	11.5%	11.0%
Finance and insurance, and real estate and rental and leasing	9.3%	8.6%
Arts, entertainment, and recreation, and accommodation and food services	8.6%	10.9%
Manufacturing	8.1%	8.0%
Construction	5.6%	3.2%
Other services, except public administration	4.2%	4.5%
Transportation and warehousing, and utilities	3.7%	3.3%
Public administration	2.8%	2.2%
Wholesale trade	2.2%	2.5%
Information	2.2%	2.7%
Agriculture, forestry, fishing and hunting, and mining	1.1%	0.6%

Household by Type

The following chart compares household by type Cumberland County and Portland City.

Household Type	Cumberland County	Portland
Married-couple household	48.2%	32.6%
Female household, no spouse/partner present	26.0%	33.5%
Male household, no spouse/partner present	17.1%	22.5%
Cohabiting couple household	8.7%	11.4%

Number of Vehicles by Household

The following chart compares the number of vehicles by household for Cumberland County and Portland City.

Number of Vehicles by Household	Cumberland County	Portland
2 vehicles available	42.5%	33.1%
1 vehicle available	33.2%	42.1%
3 or more vehicles available	17.3%	8.5%
No vehicles available	7.0%	16.3%

Commute by Transportation Type

The following chart compares commute by transportation type for Cumberland County and Portland City.

Commute Type	Cumberland County	Portland
Car, truck, or van—drove alone	67.5%	57.9%
Worked from home	16.7%	18.5%
Car, truck, or van -- carpooled	7.8%	6.9%
Walked	5.1%	12.1%
Other means	1.7%	2.6%
Public transportation (excluding taxicab)	0.8%	2.1%

Age of Housing Stock

The following chart compares the age of housing stock for Cumberland County and Portland City.

Age of Housing Stock	Cumberland County	Portland
Built 1949 or earlier	29.8%	53.1%
Built 1950 to 1979	27.0%	24.4%
Built 1980 to 2009	35.0%	18.0%
Built 2010 or later	8.2%	4.5%

Heating Fuel Type

The following chart compares heating fuel type for Cumberland County and Portland City.

Heating Fuel Type	Cumberland County	Portland
Fuel oil, kerosene, etc.	50.5%	33.9%
Utility gas	19.8%	39.7%
Bottled, tank, or LP gas	12.5%	5.1%
Electricity	11.5%	18.3%
Wood	3.1%	0.6%
Other fuel	1.5%	1.4%
No fuel used	0.7%	0.8%
Solar energy	0.4%	0.2%
Coal or coke	0.1%	0.1%

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaborative partnership between Central Maine Healthcare, Northern Light Health, MaineGeneral Health, MaineHealth, the Maine Center for Disease Control and Prevention, and the Maine Community Action Partnership. By engaging and learning from people and communities and through data analysis, the partnership aims to improve the health and well-being of all people living in Maine. This is the sixth collaborative Maine Shared CHNA.

The mission of the Maine Shared CHNA is to:

- Create Shared CHNA reports,
- Engage and activate communities, and
- Support data-driven improvements in health and well-being for all people living in Maine.

These data profiles, as well as additional information and data, can be found online at the Maine Shared CHNA's website – www.mainechna.org.

